

Baby Menu

Menu Week

Monday

- Breakfast
Choice of Cereals with Milk - Weetbix & Honey, Rice Bubbles, Corn Flakes
- Lunch
Pumpkin, Broccoli & Sweet Potato Mash
- Dinner
Potato, Broccoli & Pumpkin

Thursday

- Breakfast
Choice of Cereals with Milk - Weetbix & Honey, Rice Bubbles, Corn Flakes
- Lunch
Pumpkin, Broccoli & Sweet Potato Mash
- Dinner
Potato & Sweet Potato Mash

Friday

- Breakfast
Choice of Cereals with Milk - Weetbix & Honey, Rice Bubbles, Corn Flakes
- Lunch
Potato, Broccoli & Pumpkin
- Dinner
Potato & Sweet Potato Mash

General Menu

Menu Week

Monday

Breakfast

Choice of Cereals with Milk - Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Milk
Raisin Toast

Lunch

Chicken, avacodo, Mayonaise, grated carrot, cheese finger sandwiches
Fruit - Apples & Bananas
Fruit Juice - Apple

Afternoon Tea

Birthday Cake/Lollies
Milk

Late Snack

Strawberry and Kiwi Fruit
Water

Dinner

Chicken & Mushroom Risotto with Onion & Red Capsicum
Vegetable Casserole
Water

Tuesday

Breakfast

Choice of Cereals with Milk - Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Egg and Milk Free Banana Pancakes
Milk
Raisin Toast

Lunch

Chicken Noodle (Rice) Soup
Fruit Juice - Orange
Oranges & Bananas

Afternoon Tea

Fruit Yoghurt
Water

Late Snack

Dried Fruit, Cheese & Biscuits
Grilled Fish and Salad
Water

Dinner

Pasta Bolognese with Mushrooms, Carrot & Peas
Water

Wednesday

Breakfast

Choice of Cereals with Milk - Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Milk
Scones

Lunch

Fruit - Cantelope, Honeydew Melon & Watermelon
Fruit Juice - Apple
Pasta Bolognese with Mushrooms, Carrot & Peas

Afternoon Tea

Baked Apples & Custard
Water

Late Snack

Pita bread and Hommus Dip
Water

Dinner

Fried Rice with Carrots, Peas, Spring Onion & Ham
Water

Thursday

Breakfast

Choice of Cereals with Milk - Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Milk
Raisin Toast

Lunch

Fruit - Watermelon & Strawberries
Fruit Juice - Apple
Roast Beef with Potato, Pumpkin & Carrot

Afternoon Tea

Cheese Fingers
Water

Late Snack

Fruit Salad
Water

Dinner

Vegetable Casserole
Water

Friday

Breakfast

Choice of Cereals with Milk - Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Egg and Milk free Muesli Slice
Milk

Lunch

Fruit - Apples & Bananas
Fruit Juice - Orange
Vegetable Casserole

Afternoon Tea

Rice Cakes with Jam
Water

Late Snack

Carrot & Celery Sticks with Cheese & Crackers
Water

Dinner

Fruit Juice - Orange
Grilled Fish and Salad

No Milk, Eggs, Sesame Seeds, Peanuts & Nuts

Menu Week

Monday

Breakfast

Choice of Cereals with Soy Milk- Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Raisin Toast
Soy Milk

Lunch

Chicken, avacodo, Mayonaise, grated carrot, cheese finger sandwiches
Fruit - Apples & Bananas
Fruit Juice - Apple

Afternoon Tea

Birthday Cake/Lollies
Soy Milk

Late Snack

Strawberry and Kiwi Fruit
Water

Dinner

Chicken & Mushroom Risotto with Onion & Red Capsicum
Water

Tuesday

Breakfast

Choice of Cereals with Soy Milk- Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Egg and Milk Free Banana Pancakes
Milk

Lunch

Chicken Noodle (Rice) Soup
Fruit Juice - Orange
Oranges & Bananas

Afternoon Tea

Dairy Free, Egg Free Dried Fruit, Biscuits, Cheese
Water

Late Snack

Soy Yoghurt
Water

Dinner

Pasta Bolognese with Mushrooms, Carrot & Peas
Water

Thursday

Breakfast

Choice of Cereals with Soy Milk- Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Milk
Raisin Toast

Lunch

Fruit - Watermelon & Strawberries
Fruit Juice - Apple
Roast Beef with Potato, Pumpkin & Carrot

Afternoon Tea Crumpets with Vegemite

Late Snack

Fruit Salad
Water

Dinner

Vegetable Casserole
Water

Friday

Breakfast

Choice of Cereals with Soy Milk- Weetbix & Honey, Rice Bubbles, Corn Flakes
Water

Morning Tea

Egg and Milk free Muesli Slice
Milk

Lunch

Toast Fingers with spread of Choice
Fruit Juice - Orange
Vegetable Casserole

Afternoon Tea

Rice Cakes with Jam
Water

Late Snack

Carrot & Celery Sticks with Cheese & Crackers
Water

Dinner

Fruit Juice - Orange
Grilled Fish and Salad